

Massachusetts Grown...and Fresher!

Buying Guide

	May	June	July	Aug.	Sept.	Oct.	Nov.
FRUITS							
Apples							
Blueberries							
Cantaloupes							
Cranberries							
Grapes							
Peaches							
Raspberries							
Strawberries							
VEGETABLES							
Asparagus							
Beans							
Beets							
Cabbage							
Carrots							
Cauliflower							
Celery							
Chinese Cabbage							
Corn							
Cucumbers							
Eggplant							
Escarole - Endive							
Lettuce, greens							
Onion							
Parsnips							
Peas (green and snap)							
Peppers							
Potatoes							
Pumpkins							
Radishes							
Scallions							
Spinach							
Summer Squash							
Winter Squash							
Tomatoes							
Turnips							
PLANTS							
Annual Bedding plants							
Cut flowers							
Herbs							
Herb plants							